



Canterbury Primary and Intermediate Schools Ski Race Championship

To Whom It May Concern,

Each year many school children enjoy a ski or snowboard board trip to Mt Cheeseman Ski Area. We look forward to introducing children and adolescents to alpine sports. Mt Cheeseman is aware of our responsibility to ensure all of our customers have a safe mountain experience. Mt Cheeseman has maintained an excellent safety record over the years. This is an issue Mt Cheeseman takes very seriously and we follow all current ski area safety guidelines and protocols. We monitor and update our safety policies and procedures on a regular basis.

We are aware that you may require an assessment of risk for outdoor educational trips when visiting our ski area. To make this easier for you we have provided, on the following pages, a **Risk Analysis and Management Plan** as a guideline. Please look through this document carefully and familiarise yourself and other designated trip leaders with the contents prior to your visit.

Mt Cheeseman is committed to providing quality service and we are happy to assist in organising a safe trip. If we can be of further assistance, please do not hesitate to contact us at

General Enquiries: T 03 318 8794 | E ski@mtcheeseman.co.nz

Warm regards

Cheeseman Team

Canterbury Primary and Intermediate Schools Ski Race Championship Risk Analysis and Management Plan 2023

Risk Analysis

There are some general risks associated with a trip to any ski area including Mt Cheeseman Ski Area. These include but are not necessarily limited to the following:

- Effect of the sun
- Hypothermia
- Becoming lost or disoriented
- Injury or death resulting from falling, colliding while skiing or playing on the ski field or riding the ski lifts
- Injury or death resulting from avalanche or falling rocks
- Injury or death from vehicle accident

Possible Hazards

Below is a list of possible hazards to consider prior to your visit:

PEOPLE	EQUIPMENT	ENVIRONMENT
<ul style="list-style-type: none"> • Being unfamiliar with the terrain • Being unfamiliar with equipment • Insufficient supervision or instruction • Strenuous physical activity with no warm up • Continued over exertion when tired and hungry • Poor Health/Fitness • Pre-existing injury or medical condition 	<ul style="list-style-type: none"> • Inappropriate clothing and footwear • Unsuitable equipment • No sun protection • Faulty ski/snowboard equipment • No helmet or other safety equipment • Ski lifts and rope tows • On mountain equipment • Road equipment 	<ul style="list-style-type: none"> • General weather conditions • Snow/surface conditions • Terrain choice suitability • Icy surfaces

Risk Management Strategies

In order to minimize the risk associated with the hazards presented by the mountain environment, Mt Cheeseman recommends Risk Management Strategies be implemented by your group.

BEFORE YOU ARRIVE PLEASE CONSIDER:

PEOPLE	EQUIPMENT	ENVIRONMENT
<ul style="list-style-type: none">• Pre-trip information session on clothing, equipment, lifts and the behavior code of the ski area• Emergency Procedures and contacts	<ul style="list-style-type: none">• Pre-trip check on vehicle and chains etc.• Pre-trip safety check on ski gear• Helmets are recommended for all members of the group• Extra warm clothes, food, water.	<ul style="list-style-type: none">• Pre-trip check on current weather and road conditions• Pre-trip check on weather forecast for the day• Pre-trip check on mountain openings and closings for the day

VEHICLE ACCESS

The ski area access road to Mt Cheeseman Ski Area is checked and maintained by our experienced and competent maintenance staff. A road grader is employed in snow and ice clearance and there are four chain fitting bays along the road.

Please observe all road condition signs and instruction from staff members, if in doubt please call ahead.

- Ensure that your vehicle is suitable for the mountain road (chains, four-wheel drive, suitable tires, enough fuel, battery-life etc)
- If you use a bus please ensure that the driver is familiar with our access road.
- Follow all instructions by staff. There is a speed limit of 30km/h on the access road.
- Report any road incidents to the ski area staff immediately.
- Conditions can change very quickly. It is our goal to ensure that the road is safe and clear at all times.

ON ARRIVAL and WHILE VISITING PLEASE CONSIDER:

PEOPLE	EQUIPMENT	ENVIRONMENT
<ul style="list-style-type: none">• Familiarize yourself and your group with the new surroundings• Familiarize yourself with the ski lifts and rope tow• Obey all signs and instructions given to you by the staff• Comply with the skier's responsibility code at all times• If you leave the ski area boundaries, you do so at your own risk• Dress adequately for possible changing conditions on the mountain• Use sun block	<ul style="list-style-type: none">• All ski's & boards must have ski brakes or leashes to prevent them running away downhill• If you are unfamiliar with your equipment and the sport, please take a lesson with our qualified instructors	<ul style="list-style-type: none">• Be aware of the ski area boundaries or closed areas. These are marked by the ski patrol• Be aware of changing weather conditions• Be aware of changing snow surface conditions• Be aware of changing road conditions

Reckless or dangerous skiing or snowboarding will not be tolerated.

**Tobogganing is only allowed in the designated areas.
No tobogganing is allowed on the ski area.**

Emergency Procedures

Mt Cheeseman Ski Area is committed to the health and safety of all employees and guests. We aim to protect every employee and guest from accidental injury and/or damage however an unforeseen emergency may arise during your visit. In the event of such an emergency occurring Mt Cheeseman will implement its **Emergency Management Plan** for the event. Possible emergencies include but are not limited to: significant vehicle accident, medical/trauma incident, fire, avalanche, earthquake etc.

Cheeseman staff highly qualified and experienced Ski Patrol. Our Ski Patrol staff are trained in emergency response and evacuation procedures, general first aid techniques, mountain rescue and avalanche safety. If an emergency were to occur our Ski Patrol staff will respond as soon as possible.

A general first aid medical facility is located in the base area. In the event of a serious or life-threatening accident medical rescue helicopter(s) may be available for evacuation to Christchurch hospital. Helicopter rescue is dependent upon the current weather and the availability of the rescue helicopter.

Contact Details

The Mt Cheeseman team looks forward to welcoming you to our amazing alpine playground. It is our goal to make it a safe, memorable and fun day for your group. If you have any questions or concerns about your visit, please do not hesitate to contact us:

General Enquiries: T 03 318 8794 | E ski@mtcheeseman.co.nz

We look forward to seeing you on the mountain!

Cheeseman Team